



SHOT Newsletter

June 2025

Annual SHOT Symposium 2025

Friday 11 July , Hilton Birmingham Metropole, Birmingham B40 1PP



Final few delegate places available.
Click here to register now!

Hear from Dr Laura Pickup one of the leading experts on fatigue in healthcare.

- Recognise fatigue as a critical factor in patient safety incidents
- Implement systemic changes to address workload and staffing challenges
- Foster a culture where staff can speak openly about fatigue without fear of stigma
- Prioritise staff well-being as a fundamental component of patient care quality



Congratulations to the 2 top scoring abstract authors, Lucy Stiles (Improving Compliance with the TACO Checklist), and Stuart Lord (Enhancing PBM Surgical Outcomes), who each have a 15-minute presentation in the late afternoon session.



Thank you to all those that submitted abstracts, we look forward to hearing why we should come and view your posters during the ever popular Just-a-Minute poster quickfire session!





MTE Virtual Sessions



[Click here](#) or the image below, for all the latest 'Meet The Experts' Virtual Sessions recordings

Meet the experts – Near Miss Reporting & Wrong Blood in Tube (WBIT)

[Meet the experts](#) [Videos/webinars](#) [Webinars](#)

Meet the experts – IBCT

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Meet the experts – Paediatric Cases

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Meet the experts – Laboratory Errors

[Meet the experts](#) [SCRIPT](#) [UKTLC](#) [Videos/webinars](#) [Webinars](#)

Meet the experts – Human Factors and Ergonomics (HFE)

[Human Factors](#) [Meet the experts](#) [Videos/webinars](#) [Webinars](#)

Meet the experts – Information Technology (IT)

[Information technology](#) [Meet the experts](#) [Videos/webinars](#) [Webinars](#)





Recommendations Survey

Our sincere thanks to all those that participated in the 2023 Recommendations Survey which closed on 30th May 2025. We are beginning to analyse the responses and will publish a summary report on the results in the coming weeks. This will be made available on the SHOT website.

Myth busters

A big SHOT thank you to all blood donors! Please [click here](#) or on the image to see the new SHOT 'Myth buster' on blood donation.

Blood donation myth busters **SHOT**

MYTH: "My weight does not matter when I want to donate blood."

FACT: To be accepted for donation, the minimum donor weight requirement is 50kg (11 stone 12 pounds) while a maximum body mass index (BMI) of 40 is also taken into consideration.

MYTH: "I don't need to tell the Blood Service of any previous vaccinations that I had because it doesn't affect my donation."

FACT: Live and non-live vaccines are used; a deferral period may be required depending on the type of vaccine received. It is also important to note that some vaccines could potentially cause a false positive result with some microbiological tests.

Ensuring donor safety is paramount, & safeguarding a donor from potential adverse effects like fainting. The risk of fainting becomes significant if the donation exceeds 15% of the estimated blood volume (EBV), meaning a minimum EBV of 3,500ml is required. For individuals with a BMI over 40, the formula used to estimate blood volume may lead to an overestimation of EBV, posing further risks.

Vaccination can temporarily affect blood donation eligibility because some vaccines contain live attenuated viruses. Others might cause mild side effects like fever or fatigue, which could impact donor well-being. The waiting periods ensure the donor feels well and that there is no risk of transmitting any vaccine-related elements through donated blood. It's all about safety - for both the donor and the recipient.

Want to know more... just click the link

Forthcoming events

Patient Safety Congress

15-16 September 2025

Manchester Central Convention
Complex



BBTS Annual Conference

14-16 October
2025
Harrogate
Conference
Centre

Social Media



is on



Please [follow us on LinkedIn](#) to stay up to date on news, resources, and all latest information on haemovigilance and blood transfusion safety.

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