

My Transfusion app: Frequently Asked Questions (FAQ) for patients using or considering using the app

1. What is this app for? What information does this provide?

This app is designed to support adult patients who receive or likely to receive blood transfusions. It aims to help you understand the transfusion process, prepare for appointments, and access helpful information about your care.

2. Who can use this app?

Any adult patient receiving or likely to receive a blood transfusion can use this app. It may also be helpful for caregivers, family members and staff overseeing care of the patients.

3. What features does the app include?

- Information about blood transfusion and what to expect
- Questions you want to ask your healthcare team
- Information about possible reactions and when to seek help
- Educational resources tailored for patients

4. Is any of my personal information collected?

No. The app provides generic information, and no personal identifiable data will be collected. If you do not wish to download the app, you can access the content using the browser version of the app as well at this link: [My Transfusion](#)

We follow strict privacy and data protection standards in line with NHS and UK general data protection regulation.

5. Will the app replace talking to my doctor or nurse?

No. The app is designed to support – not replace – communication with your clinical team. Always speak to your doctor or nurse if you have concerns or questions about your transfusion. It is also important to note that this app provides general information about blood transfusion and will not cover issues that may be specific to your care. My Transfusion does not cover the underlying clinical condition for which you need the transfusion support.

6. Can I enter details about how I feel after a transfusion?

No. Currently the app does not allow logging symptoms or side effects after your transfusion.

7. What should I do if I feel unwell after a transfusion?

If you feel unwell after a transfusion, especially with symptoms like fever, chills, rash, or breathlessness, contact your healthcare provider or go to A&E. The app does not replace emergency care.

8. Will the app remind me about upcoming appointments or tests?

No. Current functionality does not allow the app to notify you about upcoming transfusions, blood tests, or follow-up visits.

9. Is there a cost to use the app?

No. The app is free to download and use on any smart phone.

10. How do I give feedback about the app?

There's a feedback option in the menu. We'd love to hear how it's helping or how we can improve it.

11. Can patients add details of their own blood transfusion care into the My Transfusion app?

Currently the app does not contain this functionality to comply with data privacy legislation. This feature may be considered in future versions of the app.

12. I have questions about my own blood transfusion care which aren't answered by this app. Where can I go for more information?

If your question is specific to your own appointments, diagnosis or treatment options please contact your own clinical team. The patient advice liaison service at the healthcare facility providing your care may also be able to help.

For more generic information about blood transfusions please see the NHS Blood and Transplant website <https://www.nhsbt.nhs.uk/what-we-do/blood-services/blood-transfusion/>

13. I don't want to/can't download the app. How can I access the same information online?

My Transfusion is also available in a web page format. Please use this link to access www.mytransfusion.co.uk or scan the QR code below:



You can also visit the 'Information for patients' webpage on the SHOT website to find out about:

- Taking an active role in your transfusion care
- Guidance about consent in transfusion
- Many more interesting transfusion safety topics

This page can be accessed using this link: <https://www.shotuk.org/patients/>

